



CLEVELAND COUNTY WELLNESS COMMITTEE

MINUTES

FRIDAY, MARCH 31, 2017

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 31st day of March 2017 in the conference room at 122 E. Eufaula Street by Tammy Belinson, County Clerk/Secretary. Roll was called and those present were:

Those present were: Rod Cleveland, Tammy Belinson, Doug Warr, John Roberts, Jacob McHughes, Bryan Jenkins, Alison Vinson, Brian Wint and George Mauldin.

Absent at roll call, Chairman Rod Cleveland entered the meeting directly thereafter.

Those absent were: Leann Clements, Carrie Welles, Bryant Rains, Brenda Hill and Christina Newburg.

Ex-officio members present: Linda Atkins, Brittany Marshall, Jennifer Slawson, Joanna Parker and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **February 24, 2017** and there being no additions or corrections, Jacob McHughes moved, seconded by Brian Wint, that the minutes be **approved**.

The vote was: Tammy Belinson, yes; Doug Warr, yes; John Roberts, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; George Mauldin, yes.

Motion carried.

A. Items of Business:

1. **Joanna Parker, Coordinator**, discussed the Health Fair scheduled for September 27, 2017. She said that it went well last year. She did receive complaints from two vendors last year. She asked if the consensus is to keep it indoors again this year. Discussion was had that the mobile Mammography Screenings and the Blood Bank will park in the front parking lot. Food Vendor Trucks that wish to take part can park in areas convenient for employees to buy food. John Roberts said that they will coordinate with insurance vendors to come. The Yeaman Clinic is to have a visible area. The food and massages were the most popular things enjoyed by the employees last year.

2. Todd Gibson submitted a **report** on the February 2017 overview of the **County Wellness Gym Facility**: Current registered users, 332; Busiest day, 21; Total Number of users for February, 233; and reported injuries, 0.

Brian Wint and George Mauldin discussed the changes and new equipment in the gym. George Mauldin suggested that the 911 phone ring to Norman for a faster response.

Discussion was had about moving forward with Phase 2 of the gym by installing showers and dressing rooms and an exit door. Brian Wint said only employees with badges have access at this time, but after the last phase the family may have access to work out in the gym.

3. George Mauldin, **Emergency Management Director**, regarding Wellness Committee issues, said he instructed three CPR Classes and discussed the lifesaving equipment that is available for when there is an emergency.

4. Meredith Rowland, NP, **Employee Health Clinic**, said there is not a health up date at this time. She can put together topics or themes for the health fair such as heart health and diet plans and will coordinate with Alison Vinson.

She said that the flu season is on the way out.

B. No new business was presented to the Board for discussion.

C. During Wellness Committee Members discussion about **business** an article in the Norman Transcript about the increase in STD outbreak in Cleveland County. Commissioner Cleveland said that he contacted Keith Reed, Health Department Director, about this and

who said that most of the blame is that an increasing number are using social media and social apps to find a partner.

- D. There being no further business to come before the Board, at approximately 9:39 am, John Roberts moved, seconded by Jacob McHughes, that the meeting be **adjourned**.
The vote was: Rod Cleveland, yes; Tammy Belinson, yes; Doug Warr, yes; John Roberts, yes; Jacob McHughes, yes; Bryan Jenkins, yes; Alison Vinson, yes; Brian Wint, yes; George Mauldin, yes.
Motion carried.

(Clerk's Note: Agenda posted March 28, 2017 @ 8:46 am.)

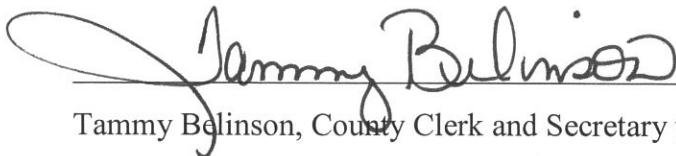
Cleveland County Wellness Committee

CLEVELAND COUNTY, OKLAHOMA



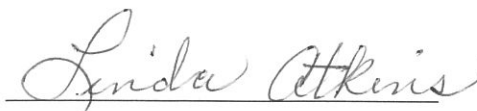
Rod Cleveland, Chairman

ATTEST:



Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by:



Deputy County Clerk